

ABSOLUTE FLUTE

VICTORIA HEATH

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Happy Summer Holidays!

As we approach the summer holidays there are many exciting things to think about; that holiday you planned, enjoying the outdoors with lots of sunshine and... flute?

Over the summer, flute can often be the last thing on your mind with a diary full of activities and social days. However, how often do you have so much available time to practice?!

The summer is the perfect opportunity to spend time playing music you love and, at the same time, polish up on challenging areas of playing. In this newsletter, I have included some good and fun online resources to use over the summer (including some games, music and videos).

As well as playing the flute, listen to music; any genre, any style! Listening is the best way to feel inspired and will inform your own musicality and playing. I set you each a challenge: find a piece of music with a flute in that you really enjoy - we can share these with each other in September!

Perhaps you might even try to learn something new inspired by something you have heard...

To keep the flute enthusiasm going, if you would like any lessons over the summer, please do ask I am happy to arrange this on an adhoc basis to suit you!

Have a wonderful summer!

Victoria Heath

In this newsletter you can expect:

Overview

Online
Resources

Exam Details

Shout Out Spot

Events

Monthly Music

Tips, Tricks and Information



Online Resources

For players at the start of your journey:

Practice your note recognition with these fun games:

<https://www.richmanmusicschool.com/products/name-that-note>

Whack a note: <https://www.kennedy-center.org/education/resources-for-educators/classroom-resources/media-and-interactives/interactives/whack-a-note/>

Play-along songs:

https://www.youtube.com/playlist?list=PLQadz4_Sz9CiwQ-eKKhg1xWbjFdcgoiC

FluteTunes has finger charts, games, metronomes and daily tunes to check out: <https://www.flutetunes.com/>

Try to work out and play the following tunes by ear:

- Happy Birthday (start on a G)
- Incy Wincy Spider (start on a G or a C!)
- Old MacDonald (start on C)
- Choose your own!

Shout Out Spot!

Well done to everyone who took their exam this term!

We have received good marks all round on a range of exams from Grade 1 flute all the way to the ARSM Diploma!



Exam Details

- ABRSM In Person Exam booking is open **16 Sept - 30 Sept 2024**. The exams will take place 04 Nov - 07 Dec 2024.
- ABRSM Performance (Online) exams can be booked any time and videos submitted within a month.
- Trinity In Person Exam booking is open from the **21st Aug 2024**. The Exams will take place from October 2024.
- Trinity Digital can be booked any time and videos submitted within a month.



Tips, Tricks and Information Continued...

Loch Lomond

Traditional Scottish



Online Resources

For more advanced players:

Scale challenge play-along (suitable for grade 2+):
<https://www.youtube.com/watch?v=BrPSVUGTnBM>

FluteTunes daily tune: <https://www.flutetunes.com/>

5 min Warm Ups for Flautists in a Hurry:
<https://www.youtube.com/watch?v=jNER2QYILBo>

The Epic Warm-Up (suitable for grade 5+):
<https://www.youtube.com/watch?v=WhmgFZeQva0>

Musescore have a large number of arrangements for flute by other players: <https://musescore.com/sheetmusic?text=flute>

IMSLP is a great resource for well known classical/ baroque flute music which is out of copyright.

semibreve		4 beats
minim		2 beats
crotchet		1 beat
quaver		1/2 beat
pair of quavers		1/2 + 1/2 = 1



Practice Tip!

Are you struggling to get that passage right? Finding it hard to get motivation to practice it?

Use Lego!

Yes, Lego!

Put 5 blocks on your music stand and choose a hard bar/ 2 bars.

Each time you get it right (slowly), move a block onto the other side of the stand. BUT if you get it wrong, move ALL of the blocks back to the starting position!

If you are struggling with getting them all across, this is a sign you need to practice the passage slower.

(Lego blocks can be substituted for something else fun!)



Monthly Music



See below for a few music listening recommendations:

Something classic:

Dutilleux - Sonatine

<https://www.youtube.com/watch?v=hUo2lcpeFrQ>

Something unknown:

Kernis - Air for Flute and Piano

https://www.youtube.com/watch?v=smSpePH_koM

Something a bit different:

James Moody - Darben The Redd Foxx

https://www.youtube.com/watch?v=_qu-blRye9I

Events

The Conservatoire

There are a lot of exciting courses taking place at The Conservatoire over the summer. The 3 I am running are below!

For new flute players:
Flutey Tooties (4-5 yrs)
Wed 7th Aug 10am-12pm £24

Fantastic Flutes (6-9yrs)
Wed 7th Aug 1pm-3pm £24

For woodwind students:
Wonderful Woodwind (7-15yrs)
Tues 13th Aug 10am-1pm £38

<https://www.conservatoire.org.uk/summerholiday/music>

Flute Day with Roderick Seed

July 21st 11:00am-4:00pm, Just Flutes

Taffanel Daily Exercises. A unique approach, working on how we use ourselves in our practice. How can we find more ease in legato, projection and finger movement.

Master class - everyone to work with Rod on a study/etude of their choice. Using etudes to improve aspects of technique to build confidence. Developing tools of expression to help phrases come alive!

www.roderickseedflute.com/flute-days

Ian Clarke Masterclass

On 9th July there will be a hybrid masterclass with one of the leading player/composers in the flute world, Ian Clarke. Ian is going to be leading an exciting afternoon of workshops and masterclasses. The event will be live-streamed AND in person!

<https://www.justflutes.com/workshops/just-flutes-live-chamber-music-day-adults-chris-hankin-2024-1#gref>

Flute Day with rarescale Flute Academy

Join Carla Rees and members of rarescale Flute Academy for a day of ensemble playing.

Saturday, July 27 10:30am
6:00pm

<https://www.rarescale.org.uk/section885748.html>

Thank you for reading!

VICTORIA HEATH

www.victoriaheathmusic.com